

ANNUAL REPORT 2023



National Alliance on Mental Illness

nami | Ventura County

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“Your dedication and passion have been instrumental in driving our mission forward.”

As we close another year, I want to take a moment to express my heartfelt gratitude to our incredible volunteers. Your dedication and passion have been instrumental in driving our mission forward. This year, we successfully reached more than 9,000 individuals across Ventura County with crucial education, support, and advocacy programs.

NAMI Ventura County continues to grow and evolve in an ever-changing, post-pandemic environment. This year, we moved our offices to the new location at Community Conscience in Thousand Oaks. Not only was this an important cost-cutting measure, it ensures we are centrally located in our large, diverse county.

Looking ahead, we have exciting projects on the horizon, including Let's Talk Tour for youth and families and an innovative new program designed to promote workplace wellness. But we cannot do this without you. I encourage each of you to become a member of NAMI Ventura County and consider making a donation. Every contribution, no matter the size, helps us provide vital free services for all those in need.

Together, we can create a world where mental health is prioritized and understood. Thank you for being part of our journey, and here's to an even more impactful year ahead!

— PATRICIA PAPE

NAMI Ventura County

\$100k

INNOVATION GRANT
Won through NAMI National to build the Workplace Wellness Workshops debuting in 2025

133% INCREASE
in usage of NAMI VC programs since before the Covid-19 Pandemic began

192
VOLUNTEERS DONATED
3,607
HOURS

2023
IMPACT

200

LAW ENFORCEMENT OFFICERS
Participated in training through NAMI's In Our Own Voice program

9,089

LIVES TOUCHED IN 2023 BY NAMI VC PROGRAMS

298
CALLS ANSWERED
On NAMI VC's Community Resource Line staffed daily by volunteers



5,000+
INDIVIDUALS REACHED AT

32
RESOURCE FAIRS

new LOCATION

Located at 80 E. Hillcrest Dr., Suite 105 at the Community Conscience Center in Thousand Oaks

58
Individuals Served
EDUCATION PROGRAMS
• Family to Family • Peer to Peer •
• Community Cares •

972
Individuals Served
SUPPORT PROGRAMS
• Family Support Group • Grupo de Apoyo •
• NAMI Connections • Community Resource Line •

8,059
Individuals Served
ADVOCACY PROGRAMS
• Ending the Silence • In Our Own Voice •
• General Meetings • Community Presentations •
• Resource Events • NAMI Walks •
• Heart to Home Holidays •

NAMITalking **3** MEMBER NEWSLETTERS **24** EMAIL NEWS **109** SOCIAL POSTS

NAMI Ventura County provides advocacy, support, education and resources for individuals and families affected by mental illness, inclusive of all, without discrimination and stigma.

NAMI Ventura County • PO Box 1613 • Camarillo, CA 93011-1613 • 805.641.2426 • www.namiventura.org

MISSION & VALUES



Read the complete Core Beliefs Statement at www.namiventura.org/about

NAMI VENTURA COUNTY PROVIDES ADVOCACY, SUPPORT, EDUCATION AND RESOURCES FOR INDIVIDUALS AND FAMILIES AFFECTED BY MENTAL ILLNESS, INCLUSIVE OF ALL, WITHOUT DISCRIMINATION AND STIGMA.



2023 NAMI VENTURA COUNTY PROGRAMS

Education Programs
 Community Cares Workshop
 Family to Family
 Peer to Peer

Support Programs
 Connections Support Group
 Family Support Group
 Grupo de Apoyo
 NAMI VC Resource Line

Advocacy Programs
 Ending the Silence for Students
 Ending the Silence for Families
 Ending the Silence for School Staff
 In Our Own Voice
 General Meetings
 Community Presentations
 NAMI Walks
 Heart to Home Holidays



PATRICIA PAPE
PRESIDENT



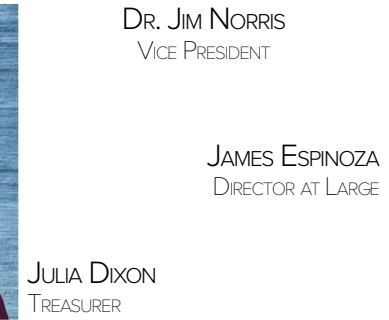
DR. JIM NORRIS
VICE PRESIDENT



SHIRLEY BRANDON
SECRETARY



JAMES ESPINOZA
DIRECTOR AT LARGE



JULIA DIXON
TREASURER



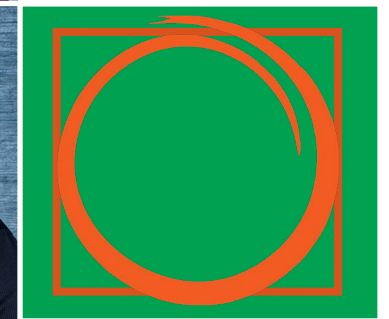
JANINE IVY
DIRECTOR AT LARGE



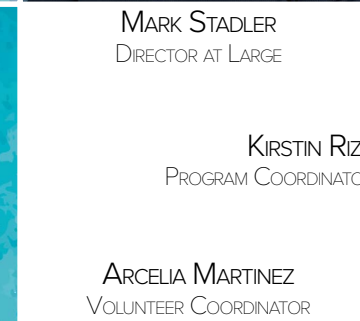
ROBERTA GRIEGO
EXECUTIVE DIRECTOR



MARK STADLER
DIRECTOR AT LARGE



KIRSTIN RIZK
PROGRAM COORDINATOR



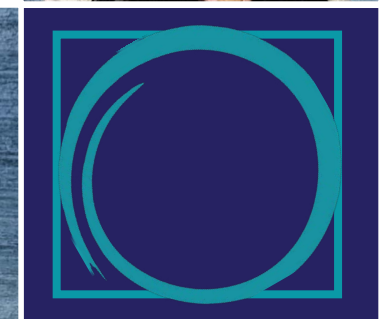
ARCELIA MARTINEZ
VOLUNTEER COORDINATOR



KIMBERLY QUINN-COLVIN
COMMUNITY EDUCATION &
COMMUNICATIONS SPECIALIST



CHRISTINE NOVAK
PROGRAM ADMINISTRATOR

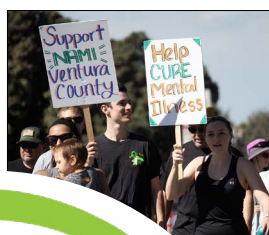


NAMI WALKS 2023

“Participants walked together, united in their commitment to promoting mental wellness and breaking down barriers.”

Ventura County NAMI Walks 2023 was a resounding success, drawing a diverse crowd more than 350 participants, including mental health professionals, students of all ages, families, first responders, and community organizations. The annual event not only raised vital funds for mental health advocacy, education, and support but also served as a powerful platform for reducing the mental health stigma. Participants walked together, united in their commitment to promoting mental wellness and breaking down barriers that prevent open conversations.

The atmosphere was filled with hope and determination as stories were shared, resources were exchanged, and new connections forged. Booths manned by community organizations provided valuable information on resources. The presence of first responders highlighted the importance of mental health awareness within all community sectors, emphasizing that mental health impacts everyone. Participants left with a renewed sense of purpose, inspired to continue advocating in their communities, proving that together, we all can make a difference in the fight against stigma.



Total Participants
354

Total Donations
\$57,926.³⁴

Total Teams
37

2023 Total Revenue
\$163,195.⁶⁴

2023 Total Expenses
\$262,648.⁵²

2023 Net Revenue
\$99,452.⁸⁸

FINANCIAL REVIEW

Revenue Source	Amount
Public Support	\$31,932. ²⁰
Grant Awards	\$109,787. ⁸³
Fundraising & Membership	\$21,335. ¹²
Miscellaneous Other	\$140. ⁴⁹

IMAGINING THE FUTURE



Building Brighter Tomorrows (\$10,000+)

Hogan Family Foundation

Leading With Hope (\$2,500+)

Sean & Michele Morony
Steve & Virginia Pollack

Stronger Together (\$1,000+)

Alvina Contarino
Dennis Perry
Daniel & Susan Kane
Gloria Kolodziej
John Oppenheim
Rotary Club of Thousand Oaks



BECOME A MEMBER AT NAMIVENTURA.ORG/MEMBERSHIP/

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