

Education

424
Individuals

Impact

- Family to Family Class
- Familia a Familia Clase
- Peer to Peer Class
- Provider Education Class
- Family & Friends Seminar



The mission of NAMI Ventura County is to provide emotional support, education and resources for families affected by mental illness. Through community collaboration and education, we advocate for a life of quality and dignity – one without discrimination – for all people affected by this illness.

NAMI Ventura County

PO Box 1613

Camarillo, CA 93011-1613

805.641.2426 www.namiventura.org

Support

3,988
Individuals

Impact

- Friends in the Lobby
- Grupo de Apoyo
- NAMI Connections
- Resource Line
- Family Support Groups

2019 Impact Report



Ventura County

Remember this number.

6,830

Lives touched in 2019 by NAMI Ventura County programs

Advocacy

2,418
Individuals

Impact



- Ending the Silence
- In Our Own Voice
- FaithNet
- Annual Holiday Party



“Seeing a person share their struggles and hardships to then seeing how they transformed to be the person they are today encourages me to seek help and know that we have the power to drastically change our lives regardless of our situation.” - **Anonymous College Student**

Over **9,800** hours
donated by

233 Volunteers



In the Community

FaithNet is an interfaith resource network of all faith traditions who are welcoming and supportive of persons and families living with mental illness. FaithNet encourages an exchange of information, tools and other resources which will help educate and inspire faith communities about mental illness and the vital role spirituality plays in recovery for many.

20 Presentations

6 Faith Traditions

FaithNet

300 Students
Ending the Silence is designed for middle and high school students, school staff, and parents of middle or high school aged youth. Audiences learn about the signs and symptoms of mental health conditions, how to recognize the early warning signs and the importance of acknowledging those warning signs.

10 Presentations

6 High Schools

School Programs

492 Students
In Our Own Voice presentations change attitudes, assumptions and ideas about people with mental health conditions. They provide a personal perspective of mental health conditions, as leaders with lived experience talk openly about what it's like to have a mental health condition.

18 Presentations

5 Colleges

3 High Schools

3 Trainings
Crisis Intervention Training improves communication and ensures officer and community safety by giving police officers more tools to do their job safely and effectively. CIT improves officer attitude and knowledge about mental illness. In Ventura County, 88% of patrol officers and 67% of dispatchers trained countywide.



“It's a reminder that every person we encounter has a past, and we must take that into consideration.”
- **CIT Trainee**

CIT