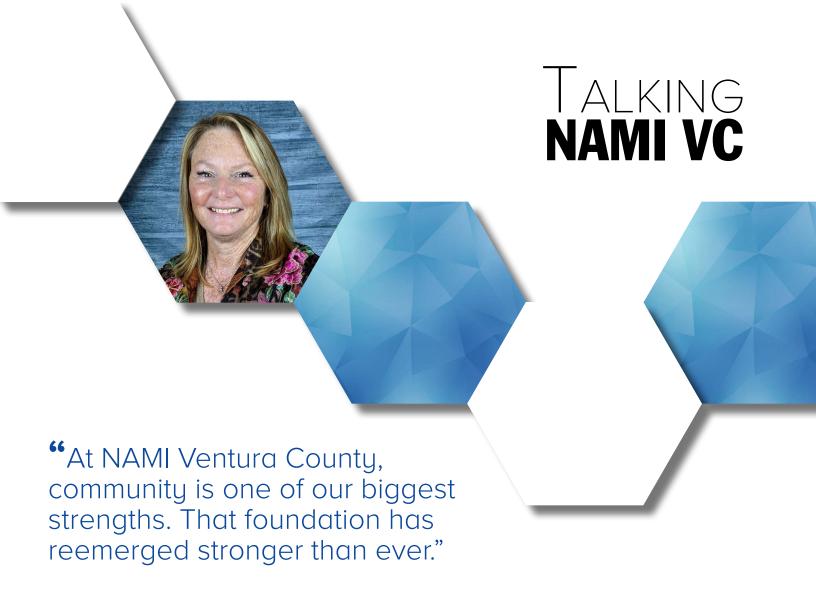
# ANNUAL REPORT 2022



## COUNTY National Alliance on Mental Illness Ventura County

TALKING NAMI VC OUR TEAM Mission & Values **IMPACT 2022 NAMIW**ALKS FINANCIAL REVIEW



The last few years have cemented a universal truth. Change is inevitable and it's rarely easy. More than anything else, it seems navigating our post-pandemic world requires support. For two years, many of us did not have access to our communities. We felt that loss individually and universally.

At NAMI Ventura County, community is one of our biggest strengths. That foundation has reemerged stronger than ever.

In 2022, despite the challenges and upheavals, NAMI Ventura County saw longtime volunteers return with renewed enthusiasm and heartwarming dedication. We happily welcomed new volunteers, new members and new leaders into the NAMI Ventura County family.

Volunteers are the heart of this organization. And there is more need than ever for those who have walked this journey to openly share and support families and individuals living with mental health challenges.

NAMI Ventura County is also shifting attention to supporting ongoing wellness. Mental health is more in the spotlight than ever before. That awareness has created immense opportunities for NAMI VC to innovate.

As you're reviewing our 2022 Annual Report, please remember that none of this inspiring, life-changing advocacy, education and support could have been done without your ongoing partnership. Thank you for your commitment to NAMI Ventura County.

- Patricia Pape



SION NAMI Ventura County provides advocacy, support, education and resources for individuals and families affected by mental illness, inclusive of all, without discrimination and stigma.



Read the complete Core Beliefs Statement at www.namiventura.org/about

#### NAMI VENTURA COUNTY 2022 PROGRAMS

#### **Education Programs**

Community Cares Workshop
Family & Friends
Family to Family
Peer to Peer
Familia a Familia
Provider Education

#### **Support Programs**

Connections Support Group Family Support Group Grupo de Apoyo NAMI VC Resource Line

#### **Advocacy Programs**

Ending the Silence for Students
Ending the Silence for Families
Ending the Silence for School Staff
In Our Own Voice
FaithNet
General Meetings
Community Presentations
NAMIWalks
Heart to Home Holidays



## **2022** IMPACT

## 5,117

LIVES TOUCHED IN 2022 BY NAMI VC PROGRAMS

22% INCREASE

in usage of NAMI VC programs since Covid-19 Pandemic began in 2020

### 133 Individuals Served EDUCATION PROGRAMS

• Family to Family • Familia a Familia • Peer to Peer • Family & Friends • Community Cares •

189 Volunteers donated

3,229

#### VATIONAL SPOTLIGHT

NAMI VC introduces the Community Cares Workshop at the NAMI National Executive Directors Leadership Conference

19 & 431 LOCATIONS

Through the Heart to Home Holidays event bringing holiday meals, gifts, parties and cheer to care facilities

INDIVIDUALS SERVED

### 1,112 Individuals Served SUPPORT PROGRAMS

Family Support Group • NAMI Connections •Community Resource Line •

## 3,872 ADVOCACY PROGRAMS

- Ending the Silence In Our Own Voice •
   General Meetings Community Presentations•
   Resource Events FaithNet
  - NAMIWalks Heart to Home Holidays•



Participated in the return of in-person NAMIWalks events

#### HYBRID PROGRAMMING

Moving with the changing world, NAMI VC continues Zoom programing while adding In-Person programs

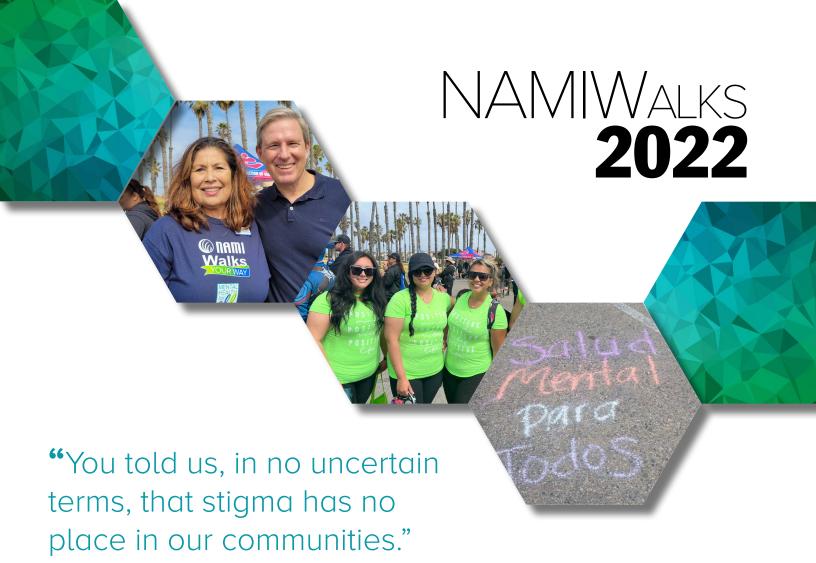
1,374
HIGH SCHOOL STUDENTS

Participated in a stigma-busting Ending the Silence or In Our Own Voice presentaion

NAMITAIKING 2 MEMBER 27 EMAIL 23

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NAMI Ventura County • PO Box 1613 • Camarillo, CA 93011-1613 • 805.641.2426 • www.namiventura.org



It's hard to know what to expect after a global pandemic. When we decided to take a chance and bring back an in-person NAMIWalk, it was impossible to predict the outcome. But the NAMI Ventura County community defied our expectations.

You told us, in no uncertain terms, that stigma has no place in our communities. Your exceptional support of NAMIWalks

2022 made it possible to continue offering programs 100% free to all participants.

The stunning day and amazing crowds gathered at Port Hueneme Beach Park will be remembered as a NAMI VC victory. We came back together as a community. We came back together with a purpose. And we proudly came back together in support of mental health education, advocacy and support.

Total Revenue

\$100,264

Total Participants

**559** 

Total Sponsors

18



## FINANCIAL REVIEW

#### **Revenue Source**

Direct Public Support

Grant Income

NAMIWalks Net Income

2022 Total Expenses

**\$286,752**.35

#### **A**mount

\$104,530.60

\$78,565

\$77.540.77

2022 Net Revenue

-\$26,115.98

### CREATING A NEW FUTURE

#### Building Brighter Tomorrows (\$10,000+)

Aera Energy
Our Lady of the Assumption Church

### Leading With Hope (\$2,500+)

Channel Islands Gulls Sean & Michele Moronu Shirley Brandon Alvina Contarino

### Stronger Together (\$1,000+)

Alvina Contarino Dennis Perry Daniel & Susan Kane Roberta Griego Aurora Vista Del Mar Hilary & Roger Waldinger John Oppenheim Steve & Virginia Pollack William & Carol Erlinger







BECOME A MEMBER AT NAMIVENTURA.ORG/MEMBERSHIP/

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# CONTACT