

ANNUAL REPORT 2022



National Alliance on Mental Illness

nami | Ventura County

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TALKING **NAMI VC**

“At NAMI Ventura County, community is one of our biggest strengths. That foundation has reemerged stronger than ever.”

The last few years have cemented a universal truth. Change is inevitable and it's rarely easy. More than anything else, it seems navigating our post-pandemic world requires support. For two years, many of us did not have access to our communities. We felt that loss individually and universally.

At NAMI Ventura County, community is one of our biggest strengths. That foundation has reemerged stronger than ever.

In 2022, despite the challenges and upheavals, NAMI Ventura County saw longtime volunteers return with renewed enthusiasm and heartwarming dedication. We happily welcomed new volunteers, new members and new leaders into the NAMI Ventura County family.

Volunteers are the heart of this organization. And there is more need than ever for those who have walked this journey to openly share and support families and individuals living with mental health challenges.

NAMI Ventura County is also shifting attention to supporting ongoing wellness. Mental health is more in the spotlight than ever before. That awareness has created immense opportunities for NAMI VC to innovate.

As you're reviewing our 2022 Annual Report, please remember that none of this inspiring, life-changing advocacy, education and support could have been done without your ongoing partnership. Thank you for your commitment to NAMI Ventura County.

— PATRICIA PAPE

PATRICIA PAPE
PRESIDENT



DR. JIM NORRIS
VICE PRESIDENT



JANINE IVY
DIRECTOR AT LARGE



MAYA ZUMAYA
DIRECTOR AT LARGE

ROD CONTRERAS
DIRECTOR AT LARGE



JULIA DIXON
TREASURER



SHIRLEY BRANDON
SECRETARY

ROBERTA GRIEGO
EXECUTIVE DIRECTOR



STAFF



CHRISTINE NOVAK
PROGRAM ADMINISTRATOR



KIMBERLY QUINN-COLVIN
PROGRAM COORDINATOR



Ventura County

2022 IMPACT

5,117

LIVES TOUCHED IN 2022 BY NAMI VC PROGRAMS

22% INCREASE

in usage of NAMI VC programs since Covid-19 Pandemic began in 2020

133

Individuals Served

EDUCATION PROGRAMS

- Family to Family • Familia a Familia • Peer to Peer •
- Family & Friends • Community Cares •

189

VOLUNTEERS DONATED

3,229

HOURS

NATIONAL SPOTLIGHT

NAMI VC introduces the Community Cares Workshop at the NAMI National Executive Directors Leadership Conference

1,112

Individuals Served

SUPPORT PROGRAMS

- Family Support Group • NAMI Connections •
- Community Resource Line •

HYBRID PROGRAMMING

Moving with the changing world, NAMI VC continues Zoom programming while adding In-Person programs

3,872

Individuals Served

ADVOCACY PROGRAMS

- Ending the Silence • In Our Own Voice •
- General Meetings • Community Presentations •
- Resource Events • FaithNet •
- NAMIWalks • Heart to Home Holidays •

19 & 431

LOCATIONS

INDIVIDUALS SERVED

Through the Heart to Home Holidays event bringing holiday meals, gifts, parties and cheer to care facilities

63

TEAMS

Participated in the return of in-person NAMIWalks events

1,374

HIGH SCHOOL STUDENTS

Participated in a stigma-busting Ending the Silence or In Our Own Voice presentation

NAMITalking

2

MEMBER
NEWSLETTERS

27

EMAIL
NEWS

234

SOCIAL
POSTS

NAMI Ventura County provides advocacy, support, education and resources for individuals and families affected by mental illness, inclusive of all, without discrimination and stigma.

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NAMIWALKS 2022



“You told us, in no uncertain terms, that stigma has no place in our communities.”

It's hard to know what to expect after a global pandemic. When we decided to take a chance and bring back an in-person NAMIWalk, it was impossible to predict the outcome. But the NAMI Ventura County community defied our expectations.

You told us, in no uncertain terms, that stigma has no place in our communities. Your exceptional support of NAMIWalks

2022 made it possible to continue offering programs 100% free to all participants.

The stunning day and amazing crowds gathered at Port Hueneme Beach Park will be remembered as a NAMI VC victory. We came back together as a community. We came back together with a purpose. And we proudly came back together in support of mental health education, advocacy and support.

**Total
Revenue**

\$100,264

**Total
Participants**

559

**Total
Sponsors**

18

FINANCIAL REVIEW



Revenue Source	Amount
Direct Public Support	\$104,530 ^{.60}
Grant Income	\$78,565
NAMIWalks Net Income	\$77,540 ^{.77}

2022 Total
Revenue
\$260,636^{.37}

2022 Total
Expenses
\$286,752^{.35}

2022 Net
Revenue
-\$26,115^{.98}

CREATING A NEW FUTURE

Building Brighter Tomorrows (\$10,000+)

Aera Energy
Our Lady of the Assumption Church

Leading With Hope (\$2,500+)

Channel Islands Gulls
Sean & Michele Morony

Shirley Brandon
Alvina Contarino

Stronger Together (\$1,000+)

Alvina Contarino
Dennis Perry
Daniel & Susan Kane
Roberta Griego
Aurora Vista Del Mar

Hilary & Roger Waldinger
John Oppenheim
Steve & Virginia Pollack
William & Carol Erlinger





BECOME A MEMBER AT NAMIVENTURA.ORG/MEMBERSHIP/

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