

2020 Impact Report

The world changed in 2020. The Covid-19 pandemic shifted how we all live, work, and care for ourselves and our loved ones. Determined to rise to the occasion, NAMI Ventura County staff and volunteers met new challenges with grit and gusto. That persistence resulted in NAMI VC expanding programs and access across Ventura County.

PIVOT

In 2020, NAMI VC created virtual NAMIWalks events and re-imagining the Annual Holiday Party and brand-new Valentine's Day event in socially-distanced formats

67%

Increase in the students receiving stigma-reducing In Our Own Voice presentations

ZOOM

By April 2020, NAMI VC adopted Zoom as our virtual platform. Volunteers trained as TechProducers to help participants navigate new technologies

94
Volunteers donated
2,724
hours

NEW

In response to increasing mental health concerns, NAMI VC created a new program. Community Cares busts stigma and builds skills in awareness, self-care, and communication

705
Individuals

+
1,561
Individuals

+
1,937
Individuals

EDUCATION PROGRAMS

- Family to Family • Familia a Familia • Provider Education • Peer to Peer • Family & Friends • Community Cares •

SUPPORT PROGRAMS

- Family Support Group • Grupo de Apoyo • NAMI Connections • Community Resource Line •

ADVOCACY PROGRAMS

- Ending the Silence • In Our Own Voice • FaithNet • Annual Holiday Party •

4,203 LIVES TOUCHED IN 2020 BY NAMI VC PROGRAMS



NAMI

National Alliance on Mental Illness

Ventura
County

66%

Increase in individuals using education programs

The mission of NAMI Ventura County is to provide emotional support, education and resources for families affected by mental illness. Through community collaboration and education, we advocate for a life of quality and dignity – one without discrimination – for all people affected by this illness.